



Taylor Shaw

Seeing food differently

Summer 2022 Menu - Week One

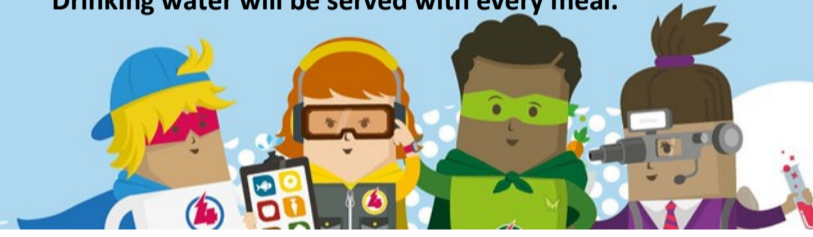
Bloemfontein Primary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toad in the Hole with Baked New Potatoes	Chicken Pie with Creamed Potato and Gravy	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Mince and Dumplings with Creamed Potato	Fish Fingers (pollock and salmon) with Chips and Tomato Sauce
Quorn Sticky Noodles (v)	Tomato and Basil Pasta (v)	Margarita Pizza (v) with Roast Potatoes	Cheesy Pasta Bake (v)	Broccoli Quiche (v) with Baked New Potatoes
Baked Jacket Potato with a filling of Tuna Mayonnaise	Freshly made Sandwich with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Curried Beans	Freshly made Sandwich with a filling of Ham	Baked Jacket Potato with a filling of Baked Beans or grated Cheddar Cheese
Cauliflower Florets Sweet Garden Peas Fresh Salad Selection	Green Beans Sliced Carrots Fresh Salad Selection	Swede Broccoli Florets Fresh Salad Selection	Sliced Carrots Sweetcorn Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Cupcake Muffin	Oaty Biscuit and Watermelon Slice	Chocolate Crunch with Custard	Iced Lemon Sponge	Strawberry or Toffee Ice with Fruit Slices

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts.
Drinking water will be served with every meal.

CERTIFIED SUSTAINABLE SEAFOOD MSC www.msc.org
MSC-C-50236



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Summer 2022 Menu - Week Three

Bloemfontein Primary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatball Pasta	Creamy Chicken Curry with Wholegrain Rice	Roast Pork Loin with Roast Potatoes, Apple Sauce and Gravy	Mince Cobbler with Creamed Potato	Lightly Battered Fish with Chips and Tomato Sauce
Baked Omelette (v) with New Potatoes	Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges	Pasta Bolognese (v)	Cheesy Pasta Bake (v)	Sausage in a Bun (v) with Chips and Tomato Sauce
Baked Jacket Potato with a filling of Tuna Mayonnaise	Freshly made Sandwich with a filling of Ham	Baked Jacket Potato with a filling of Baked Beans	Freshly made Sandwich with a filling of grated Cheddar Cheese	Baked Jacket Potato with a filling of Baked Beans
Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Sweetcorn Broccoli Florets Fresh Salad Selection	Mixed Vegetables Cabbage Fresh Salad Selection	Sliced Carrots Green Beans Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Iced Chocolate Cake	Lemon & Blueberry Muffin	Vanilla Blondie with Custard	Chocolate Cookie with Orange Wedge	Arctic Roll

Available Daily

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Summer 2022 Menu - Week Two

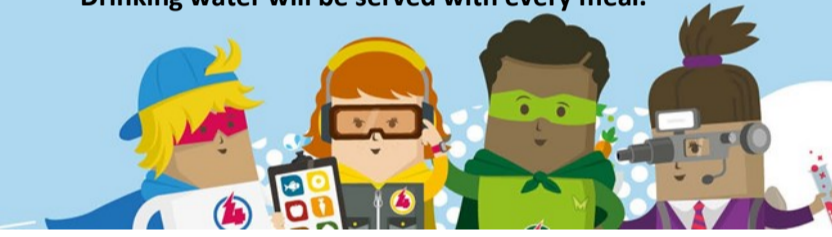
Bloemfontein Primary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Casserole with Creamed Potato	Turkey Korma with Wholegrain Rice	Roast Chicken with Yorkshire Pudding, Roast Potatoes and Gravy	Chicken Goujons with Baked Jacket Wedges and Garlic Dip	Lightly Battered Fish with Chips and Tomato Sauce
Two Cheese Pizza (v) with Half Jacket Potato	Tuna or Cheese Melt (v) with Baked Jacket Wedges	Macaroni Cheese (v) with Crispy Croutons	Pasta Bolognese (v) with Garlic Dough Balls	Chilli Taco (v) with Chips
Baked Jacket Potato with a filling of grated Cheddar Cheese	Freshly made Sandwich with a filling of Tuna Mayonnaise	Baked Jacket Potato with a filling of Baked Beans	Freshly made Sandwich with a filling of Ham	Baked Jacket Potato with a filling of Baked Beans
Sweetcorn Green Beans Fresh Salad Selection	Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Mixed Vegetables Swede Fresh Salad Selection	Broccoli Florets Sweetcorn Fresh Salad Selection	Baked Beans Sweet Garden Peas Fresh Salad Selection
Raspberry Bun with Fruit Slices	Toffee Ice with Apple Slices	Lemon and Courgette Cake	Fruit Flapjack with Custard	Lemon Drizzle Drops

Available Daily

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