



Bloemfontein Primary School: Swimming provision and impact 2020-21

Swimming is an important skill and can encourage a healthy and active lifestyle. All Local Authority schools must provide swimming instruction either in key stage 1 or key stage 2.

The [programme of study for PE](#) sets out the expectation that pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

At Bloemfontein Primary School we historically attended swimming lessons at a small local pool and KS2 children accessed a term of lessons over the academic year. Through ongoing evaluations and assessments, it was evident that this was not having the desired impact and too many pupils were leaving school lacking confidence and having not yet mastered the swimming strokes.

In September 2019, the school worked alongside the other schools in the Stanley Learning Partnership trust to provide swimming lessons in the local leisure centre with two qualified swimming instructors. The focus has moved to a full year of swimming sessions for Year 4. Pupils in Year 6 are then given the opportunity, after SAT tests in May, to consolidate the skills above to ensure they leave school able to swim the 25m.

COVID-19 resulted in pupils unable to attend swimming sessions during this academic year. The most recent swimming data is based on 2018-19 assessments. The assessments were the main basis for changing our model of swimming provision and the provider.

Results for pupils in Year 6 (2018-19)

- 64% could swim competently, confidently and proficiently over a distance of at least 25 metres
- 43% could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- 64% perform safe self-rescue in different water-based situation